

Ekstraordinære treningstider for uke 10!



MANDAG 6. mars							
16:15 - 17:15	IS	s	gr	gu	b		
17:15 - 18:15	OFF ICE			gu	b		
20:30 - 21:30	OFF ICE					h	s
21:30 - 22:30	IS	Voksengruppen				h	s

ONSDAG 8. mars							
17:30 - 18:30	OFF ICE			gu	b		
18:45 - 19:45	IS			gu	b		
19:45 - 21:15	IS					h	s

TORSDAG 9. mars							
14:15 - 15:15	IS	s	gr	gu	b		
15:15 - 16:30	IS					h	s
16:45 - 17:45	OFF ICE					h	s

FREDAG 10. mars							
15:20 - 16:05	IS		gr	gu			
16:05 - 17:15	IS				b	h	s

LØRDAG 11. mars							
14:45 - 15:45	IS				b	h	s
16:00 - 17:00	OFF ICE				b	h	s

SØNDAG 12. mars							
08:15 - 09:15	IS		gr	gu	b		
09:15 - 10:15	IS				b	h	s
10:15 - 11:00	SPINNERS				b	h	s
17:00 - 18:00	BALLETT			gu	b		
18:00 - 19:00	BALLETT					h	s
19:35 - 21:00	IS					h	s

Merk at #innafor utgår denne uken!